



PATIENT LAST NAME, PATIENT FULL FIRST NAME, TODAY'S DATE, DATE OF BIRTH

CLINICAL INDICATIONS/SIGNS/SYMPTOMS (NOT RULE/OUT):

ICD-10:

PHYSICIAN SIGNATURE (REQUIRED), Albert Ferrara, DO, Elizabeth Mirro, MD, Alexander Frangas, MD, Jaime Simon, MD, Other: 30 Newbridge Road • Suite 200 • East Meadow, NY 11554

PATIENTS: CALL TO MAKE AN APPOINTMENT TAKE A CELL PHONE PHOTO OF THIS FORM AND TEXT OR EMAIL IT TO RX@ZPRAD.COM. Workers' Compensation, No Fault

MRI, Neuro/ENT/Spine, Orthopedic, Body & Chest

CT, CT Angiography, Spine, Body, Neuro/ENT, Musculoskeletal

Mammography, Screening, Diagnostic, Reasons:

Nuclear Medicine, Bone scan, Thyroid, Cardiac

Ultrasound, Breast, Thyroid, Scrotal/testicular, Pelvis (GYN), Hysterosonogram, Obstetrical, Abdomen, Aorta only, Retroperitoneum, Other

Digital X-RAY, Skull, Orbits, Facial bones, Nasal bones, Sinuses, C spine, T spine, L spine, Sacrum, Chest, F/U abdomen, KUB abdomen, Pelvis, Bone age, Ribs, Other

PET/CT, Add CT intravenous contrast if needed, PET/CT Auth#, 78608 Brain PET, 78815 Base of skull to mid thigh, 78816 Top of head to toes (melanoma protocol), 78816 NaF-18 bone metastasis (whole body), Other:

Echocardiogram

Interventional Biopsy, Breast by stereotactic, Lung, Breast by ultrasound, Liver, Thyroid, Other:

Fluoroscopy, Esophagram, Lap band, UGI (includes esophagram), Hysterosalpingogram, UGI & small bowel series, Other: Small bowel series only

DXA Bone Density

# ZWANGER-PESIRI RADIOLOGY EXAM PREPARATIONS

- Continue taking any prescription medications, which may be taken with a few sips of water prior to exam.
- Wear comfortable, loose clothing. Do not wear jewelry.
- Please be sure you have your prescription from the doctor, as well as your insurance card when you arrive for your appointment.

## MRI/MRA

★ If you are receiving **IV CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice).

This exam may not be performed if you have a **cardiac pacemaker, cerebral aneurysm clips** or a **metallic hearing implant**. If you are a **sheet metal worker** or have ever had **metal fragments in your eye(s)**, an orbit x-ray will be taken prior to your MRI exam. Wear comfortable loose fitting clothes, such as a sweatsuit. Be sure there are no metal zippers, snaps or buckles. Do not wear earrings, hairpins or jewelry. Do not apply eye shadow or mascara.

## CT SCAN

★ If you have a history of **asthma, an allergy to iodine**, or are currently taking **medication for diabetes**, please notify our staff.

★ If you are receiving **IV CONTRAST** or **ORAL CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice). If you are receiving **OMNIPAQUE ORAL CONTRAST**, refer to the OMNIPAQUE ORAL CONTRAST PREP section below. If you are receiving **REDI-CAT ORAL CONTRAST**, please ask your Zwanger-Pesiri representative.

**Abdomen and Pelvis with or without contrast** - Nothing to eat or drink 1 hour prior to your exam time.

**All other exams with no contrast** - No preparation necessary.

**CT Angiography** - Follow instructions given at the time of scheduling.

## OMNIPAQUE ORAL CONTRAST PREP FOR CT SCAN OF ABDOMEN AND PELVIS

### ★ DO NOT INGEST IF YOU HAVE A CONTRAST ALLERGY

- Have nothing to eat 1 hour prior to your exam time.
- You may drink clear liquids (example: water, ginger ale, apple juice).
- Begin drinking the OMNIPAQUE prep 1 hour & 45 minutes before your exam. Finish 20-30 minutes before exam.
- Do not empty your bladder until after your exam.

- 1 Pour HALF the contents of the OMNIPAQUE bottle into the 32 oz. cup given at the office.
- 2 Fill the cup with water to approximately 1/2 inch from the top of the cup (approximately 30 oz).
- 3 Stir well and drink.
- 4 Discard the remaining contrast, cup, contrast bottle and straw after use.

## MRI/PET & PET/CT SCAN

Call your local Zwanger-Pesiri office to schedule an appointment and/or for exam preparations. MRI/PET: In addition, follow all precautions for MRI.

## 3D & 2D DIGITAL MAMMOGRAPHY

Do not apply lotions, deodorant, perfume or powder on the day of the exam. Wear comfortable two piece clothing. Bring previous mammography studies for comparison.

## DXA BONE DENSITOMETRY

No calcium supplements or multi-vitamins 24 hours prior to exam.

## SPECT NUCLEAR MEDICINE

Call your local Zwanger-Pesiri office to schedule an appointment.

**Thyroid Scan** - Discontinue all thyroid medications and vitamins with iodine for at least 10 days prior to the exam.

**Bone Scan** - No preparation required.

**Liver Scan** - No preparation required.

## X-RAY / FLUOROSCOPY

**Esophagram/Upper G.I. Series/Small Bowel Series** - Have a light supper the night before the exam. Nothing to eat, drink, chew or smoke after 10:00 pm until after the exam is complete in the morning.

**Barium Enema (B.E.)** - Pick up prep kit at least two days prior to exam.

**IVP** - The day before exam, drink 1 bottle of Citrate of Magnesia at 4:00 pm. Nothing to eat, drink, smoke or chew past 10:00 pm.

## ULTRASOUND

**Aortic/Abdominal** - Nothing to eat drink, chew or smoke for six hours prior to your exam.

**Pelvic/Obstetrical** - A full bladder is necessary for the exam. Have breakfast and/or lunch. Women: drink at least 32 oz. of water/Men: at least 16 oz. of water, finishing 1 hour prior to exam. Do not empty your bladder.

**Prostate** - Take a fleet enema at least one hour prior to the exam. Nothing to eat or drink after fleet enema.

**Breast/Scrotal/Thyroid** - No preparation required.

**Color-Flow Doppler** - No preparation required.

**Renal Arterial Study** - Nothing to eat, drink, chew or smoke for six hours prior to your exam. In addition, consult your physician before taking gas-X one hour before the exam.

**Renal** - 16 oz. glass of water one hour prior to study. Do not void.

