



**PATIENTS:** CALL TO MAKE AN APPOINTMENT TAKE A CELL PHONE PHOTO OF THIS FORM AND TEXT OR EMAIL IT TO RX@ZPRAD.COM

**Physician \*Letter of Medical Necessity\***

Please be advised that \_\_\_\_\_ is presently  
Patient Name Date of Birth  
being treated under my care. I find the test indicated below to be medically necessary.

**Clinical Indications/Signs/Symptoms: (MUST BE INCLUDED)**

\_\_\_\_\_  
ICD-10: \_\_\_\_\_

**Mohsen Pahlavan, MD**

*Long Island Kidney Care, PC*

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Signature (required):

**UROLOGICAL IMAGING**

**CT - Computed Tomography**

- CT Abdomen/Pelvis without contrast (Stone Hunt) (No oral contrast)
- CT Abdomen/Pelvis without contrast (**Stone Hunt**) and **KUB** (No oral contrast)
- CT Abdomen/Pelvis with contrast (Common indications include neoplasia, prostate)
- CT Abdomen/Pelvis with and without contrast (With contrast drink) (Common indication includes renal mass)
- CT Hematuria Protocol (No oral contrast)

**MRI - Magnetic Resonance Imaging**

- With IV Sedation
- Specify Region \_\_\_\_\_

**MR Angiogram**

Specify Region \_\_\_\_\_

**Ultrasound**

- Kidneys only
- Kidneys and Bladder
- Prostate (Endorectal)
- Scrotal

**PET/CT**

- FDG PET/CT Scan

**KUB**

**Nuclear Medicine**

- Radionuclide Bone Scan
- Radionuclide Renal Scan
- With Lasix

**Chest X-Ray**

**DXA Bone Densitometry**

**Other**

## EXAM PREPARATIONS

- Continue taking any prescription medications, which may be taken with a few sips of water prior to exam.
- Wear comfortable, loose clothing. Do not wear jewelry.
- Please be sure you have your prescription from the doctor, as well as your insurance card when you arrive for your appointment.

### MRI/MRA

★ If you are receiving **IV CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice).

This exam may not be performed if you have a **cardiac pacemaker, cerebral aneurysm clips** or a **cochlear ear implant**. If you are a **sheet metal worker** or have ever had **metal fragments in your eye(s)**, an orbit x-ray may be taken prior to your MRI exam. Wear comfortable loose fitting clothes, such as a sweatshirt. Be sure there are no metal zippers, snaps or buckles. Do not wear earrings, hairpins or jewelry. Do not apply eye shadow or mascara.

### CT SCAN

★ If you have a history of **asthma, an allergy to iodine**, or are currently taking **medication for diabetes**, please notify our staff.

★ If you are receiving **IV CONTRAST** or **ORAL CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice). If you are receiving **OMNIPAQUE ORAL CONTRAST**, refer to the **OMNIPAQUE ORAL CONTRAST PREP** section below. If you are receiving **REDI-CAT ORAL CONTRAST**, please ask your Zwanger-Pesiri representative.

**Abdomen and Pelvis with or without contrast** - Nothing to eat or drink 1 hour prior to your exam time.

**All other exams with no contrast** - No preparation necessary.

**CT Angiography** - Follow instructions given at the time of scheduling.

### OMNIPAQUE ORAL CONTRAST PREP FOR CT SCAN OF ABDOMEN AND PELVIS

★ **DO NOT INGEST IF YOU HAVE A IODINE ALLERGY**

- Have nothing to eat 1 hour prior to your exam time.
- You may drink clear liquids (example: water, ginger ale, apple juice).
- Begin drinking the OMNIPAQUE prep 1 hour & 45 minutes before your exam. Finish in 15 minutes.
- Do not empty your bladder until after your exam.

- 1 Pour HALF the contents of the OMNIPAQUE bottle into the 32 oz. cup given at the office.
- 2 Fill the cup with water to approximately 1/2 inch from the top of the cup (approximately 30 oz).
- 3 Stir well and drink.
- 4 Discard the remaining contrast, cup, contrast bottle and straw after use.

### MRI/PET & PET/CT SCAN

Call your local Zwanger-Pesiri office to schedule an appointment and/or for exam preparations. MRI/PET: In addition, follow second paragraph of MRI preparations.

### DXA BONE DENSITOMETRY

No calcium supplements or multi-vitamins 24 hours prior to exam.

### SPECT NUCLEAR MEDICINE

Call your local Zwanger-Pesiri office to schedule an appointment.  
**Thyroid Scan** - Discontinue all thyroid medications and vitamins with iodine for at least 10 days prior to the exam. Continue any beta blockers as prescribed. Please advise us at the time of scheduling if you have received intravenous CT contrast within the last 6 weeks.

**Bone Scan** - No preparation required.

**Liver Scan** - No preparation required.

### ULTRASOUND

**Aortic/Abdominal** - Nothing to eat drink, chew or smoke for six hours prior to your exam.

**Pelvic/Obstetrical** - A full bladder is necessary for the exam. Have breakfast and/or lunch. Women: drink at least 32 oz. of water/Men: at least 16 oz. of water, finishing 1 hour prior to exam. Do not empty your bladder.

**Prostate** - Take a fleet enema at least one hour prior to the exam. Nothing to eat or drink after fleet enema.

**Breast/Scrotal/Thyroid** - No preparation required.

**Extremity Doppler** - No preparation required.

**Renal Arterial Study** - Nothing to eat, drink, chew or smoke for six hours prior to your exam. In addition, consult your physician before taking gas-X one hour before the exam.

**Renal** - 16 oz. glass of water one hour prior to study. Do not void.

