# **ZWANGER-PESIRI** RADIOLOGY

Schedule online at <u>zprad.com</u>

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516 Z-W-Δ-N-G-E-R

# Referred by PAUL PELLER, M.D. 480 Hicksville Road • Bethpage, NY 11714 Tel: 516-796-2222 • Fax: 516-796-2303 Signature: **Physician \*Letter of Medical Necessity\*** Today's Date: \_

9 9	2 6 4 3 7	Please be advised that being treated under m	PATIENT y care. I find the test indica		is presently ly necessary.	
Clinical Indications/Signs/Symptoms:						
■ MRI		<b>■</b> CT		■ Digital Mamm	ography with CAD	
□ 3T Wide-Bore □ 1.5T Wide-Bore		□ With & without contrast □ No contrast		☐ With 3D Breast Tomosynthesis		
☐ Either 3T or 1.5T Wide-Bore ☐ With & without contrast ☐ No contrast		CT Angiography	Spine	☐ Please schedule breast sonogram appointment if needed based on the mammogram.		
☐ With I.V. sedation		☐ Coronary artery CTA with calcium scoring	☐ Cervical ☐ Thoracic	☐ Screening (no palpable finding or symptoms)		
Neuro/ENT/Spine	MRA	(needs contrast)  ☐ Chest CT/PE	Specify levels	□ Bilateral □ Unil		
☐Brain ☐ Orbits	□ Carotid MRA	☐ Calcium scoring only ☐ CT angiogram	 Lumbar	☐ Diagnostic - Must select reason(s) ☐ Bilateral ☐ Unilateral		
☐ Pituitary	☐ Intracran/circle of Willis☐ Intracran/MR venogram	(needs contrast)	☐ Sacral/coccyx	☐ Additional views		
☐ IAC ☐ Cervical spine	☐ MR venogram Specify	☐ Intracranial ☐ Carotid	Body	☐ Short term follow up ☐ New lump, mass or thickening		
☐Thoracic spine☐Lumbar spine	□NOVA	☐ Aortic arch/thoracic aorta	☐ Stone hunt ☐ Hematuria	☐ Old lump or mass increased in size		
☐ Sacrum/coccyx	☐ Carotid ☐ Aortic arch	☐ Renal ☐ Lower extremity	☐ Chest only	☐ New nipple discharge		
☐ CSF Flow ☐ DTI	☐ Abdominal aorta only ☐ Renal arteries	run off	☐ Soft tissues neck/chest/	☐ New inverted nipple ☐ Skin changes (dimpling, redness or abnormal		
☐ Perfusion	☐ Mesenteric arteries	Neuro/ENT	abdomen/pelvis  ☐ Soft tissues neck only	increase in breast size)		
☐ MR spectroscopy ☐ TMJ	☐ Aorta/lower extremities	□Brain	☐ Chest/abdomen/pelvis	☐ Lymphadenopathy	xifen, Femara or Arimidex	
☐ Soft tissue neck/parotid	Body & Chest  ☐ Abdomen	☐ Orbits ☐ Temporal bones	☐ Abdomen/pelvis ☐ Enterography	Current use of famo.	klieff, Fernala of Affillidex	
Orthopedic	Specify	☐ Paranasal sinuses	☐ Abdomen only	Ultrasound		
☐ Shoulder ☐ R ☐ L ☐ Upper arm ☐ R ☐ L	☐ Pelvis ☐ Dynamic pelvis/	☐ Soft tissues neck	☐ Pelvis only ☐ Triple phase liver	□Breast	Vascular	
□ Elbow □ R □ L □ Forearm □ R □ L	MR defogram  □ Prostate	Musculoskeletal		□ Bilateral □ R □ L	☐ Carotid doppler	
□Wrist □R□L	□Enterography	□Joint	☐ Other	☐ Thyroid ☐ Scrotal/testicular	☐ Venous doppler ☐ Lower extremity	
□ Hand □ R □ L □ Finger □ R □ L	☐ MRCP ☐ Rectal MRI	Specify		☐ Transrectal prostate	□R □L □Bilateral	
Specify □ Pelvis □ R □ L	□Chest	Specify		☐ Pelvis (GYN) ☐ Transabdominal	☐ Upper extremity ☐ R ☐ L ☐ Bilateral	
□Hip □R□L	☐ Breast MRI ☐ Cardiac MRI	□Scanogram		□Transvaginal □Transabdominal /	☐ Arterial doppler	
□Thigh □R□L □Knee □R□L	☐ Function ☐ Viability ☐ Mediastinum	■ Nuclear Medic	ine	☐ Lower extremity		
□Lower leg □R □L	☐ Brachial plexus	☐ Bone scan	☐ Gallium WB - SPECT	☐ Hysterosonogram ☐ Obstetrical	☐ R ☐ L ☐ Bilateral ☐ Upper extremity	
☐ Ankle ☐ R ☐ L ☐ Foot ☐ R ☐ L	☐ Clavicle/sc joint☐ Scapula	☐ Add SPECT if	☐ MIBG	□ Abdomen	□R □L □Bilateral	
☐Toe ☐R ☐L ☐Cartilage mapping	☐ Sternum☐ Thoracic outlet	needed □Whole body	☐Thyroid	☐ Aorta only ☐ Retroperitoneum	Renal arterial doppler	
☐ MR arthrogram	I moracic outlet	□ 3 phase	□ Uptake & scan □ I-131 treatment	(Renal/Bladder)		
Specify	Other	Region	Dose	☐ Other		
	Patients can print	Region	☐ HIDA/DISIDA ☐ With cholecystokinin	■ Echocardiogra	am	
■ Digital X-RAY	registration forms online	☐ Cardiac ☐ Myocardial	□Renal	<b>E</b> Echocaralogic	4111	
☐ Orbits ☐	] Shoulder □R□L ] Humerus □R□L	perfusion stress	☐ With lasix washout ☐ DTPA	■ Interventiona	l Biopsy	
1 - 1	] Elbow □ R □ L ] Forearm □ R □ L	study □With treadmill/	□ Parathyroid	☐ Breast by stereotactic	□Lung	
Sinuses	]Wrist □R □L	exercise	☐ Gastric emptying	☐ Breast by ultrasound ☐ Thyroid	☐ Liver ☐ Other:	
☐T spine	] Hand □R□L ] Fingers □R□L	□ With pharm. agent □ MUGA (gated	☐ Other		_ ouici.	
Sacrum	]Hips □R□L ]Femur □R□L	blood pool)		<b>■</b> Fluoroscopy		
☐ F/U abdomen	☐Knee ☐R ☐L	☐ Pulmonary perfusion		□Esophagram	☐ Lap band	
	]Tibia/fibula □R□L ]Ankle □R□L	■ PET/CT	☐ UGI (includes esophagram) ☐ Hysterosalpingogram ☐ UGI & small bowel series ☐ Other:			
☐ Bone age ☐	]Foot □R □L ]Toes □R □L	☐ Standard scan ☐ Whole body - melanoma ☐ Small bowel series only				
Other	☐ Brain - neurological ☐ F-18 Bone Scan				sitv	
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## ZWANGER-PESIRI RADIOLOGY EXAM PREPARATIONS

- Continue taking any prescription medications, which may be taken with a few sips of water prior to exam.
- Wear comfortable, loose clothing. Do not wear jewelry.
- Please be sure you have your prescription from the doctor, as well as your insurance card when you arrive for your appointment.

#### MRI/MRA

★ If you are receiving **IV CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice).

This exam may not be performed if you have a **cardiac pacemaker**, **cerebral aneurysm clips** or a **metallic hearing implant**. If you are a **sheet metal worker** or have ever had **metal fragments in your eye(s)**, an orbit x-ray will be taken prior to your MRI exam. Wear comfortable loose fitting clothes, such as a sweatsuit. Be sure there are no metal zippers, snaps or buckles. Do not wear earrings, hairpins or jewelry. Do not apply eye shadow or mascara.

#### **CT SCAN**

- ★ If you have a history of asthma, an allergy to iodine, or are currently taking medication for diabetes, please notify our staff.
- ★ If you are receiving IV CONTRAST or ORAL CONTRAST for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice). If you are receiving OMNIPAQUE ORAL CONTRAST, refer to the OMNIPAQUE ORAL CONTRAST PREP section below. If you are receiving REDI-CAT ORAL CONTRAST, please ask your Zwanger-Pesiri representative.

**Abdomen and Pelvis with or without contrast** - Nothing to eat or drink 1 hour prior to your exam time.

All other exams with no contrast - No preparation necessary.

CT Angiography - Follow instructions given at the time of scheduling.

# **OMNIPAQUE ORAL CONTRAST PREP** FOR CT SCAN OF ABDOMEN AND PELVIS

#### **★ DO NOT INGEST IF YOU HAVE A CONTRAST ALLERGY**

- Have nothing to eat 1 hour prior to your exam time.
- You may drink clear liquids (example: water, ginger ale, apple juice).
- Begin drinking the OMNIPAQUE prep 1 hour & 45 minutes before your exam. Finish 20-30 minutes before exam.
- Do not empty your bladder until after your exam.
- Pour HALF the contents of the OMNIPAQUE bottle into the 32 oz. cup given at the office.
- Fill the cup with water to approximately 1/2 inch from the top of the cup (approximately 30 oz).
- Stir well and drink.
- ② Discard the remaining contrast, cup, contrast bottle and straw after use.

### **MRI/PET & PET/CT SCAN**

Call your local Zwanger-Pesiri office to schedule an appointment and/or for exam preparations. MRI/PET: In addition, follow all precautions for MRI.

#### **3D & 2D DIGITAL MAMMOGRAPHY**

Do not apply lotions, deodorant, perfume or powder on the day of the exam. Wear comfortable two piece clothing. Bring previous mammography studies for comparison.

#### **DXA BONE DENSITOMETRY**

No calcium supplements or multi-vitamins 24 hours prior to exam.

#### **SPECT NUCLEAR MEDICINE**

Call your local Zwanger-Pesiri office to schedule an appointment.

**Thyroid Scan** - Discontinue all thyroid medications and vitamins with iodine for at least 10 days prior to the exam.

**Bone Scan** - No preparation required. **Liver Scan** - No preparation required.

#### X-RAY / FLUOROSCOPY

**Esophagram/Upper G.I. Series/Small Bowel Series** - Have a light supper the night before the exam. Nothing to eat, drink, chew or smoke after 10:00 pm until after the exam is complete in the morning.

**Barium Enema (B.E.)** - Pick up prep kit at least two days prior to exam. **IVP** - The day before exam, drink 1 bottle of Citrate of Magnesia at 4:00 pm. Nothing to eat, drink, smoke or chew past 10:00 pm.

## **ULTRASOUND**

**Aortic/Abdominal** - Nothing to eat drink, chew or smoke for six hours prior to your exam.

**Pelvic/Obstetrical** - A full bladder is necessary for the exam. Have breakfast and/or lunch. Women: drink at least 32 oz. of water/Men: at least 16 oz. of water, finishing 1 hour prior to exam. Do not empty your bladder.

**Prostate** - Take a fleet enema at least one hour prior to the exam. Nothing to eat or drink after fleet enema.

Breast/Scrotal/Thyroid - No preparation required.

**Color-Flow Doppler** - No preparation required.

**Renal Arterial Study** - Nothing to eat, drink, chew or smoke for six hours prior to your exam. In addition, consult your physician before taking gas-X one hour before the exam.

**Renal** - 16 oz. glass of water one hour prior to study. Do not void.

