

ZWANGER-PESIRI RADIOLOGY EXAM PREPARATIONS

- Continue taking any prescription medications, which may be taken with a few sips of water prior to exam.
- Wear comfortable, loose clothing. Do not wear jewelry.
- Please be sure you have your prescription from the doctor, as well as your insurance card when you arrive for your appointment.

MRI/MRA

★ If you are receiving **IV CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice).

This exam may not be performed if you have a **cardiac pacemaker, cerebral aneurysm clips** or a **metallic hearing implant**. If you are a **sheet metal worker** or have ever had **metal fragments in your eye(s)**, an orbit x-ray will be taken prior to your MRI exam. Wear comfortable loose fitting clothes, such as a sweatsuit. Be sure there are no metal zippers, snaps or buckles. Do not wear earrings, hairpins or jewelry. Do not apply eye shadow or mascara.

CT SCAN

★ If you have a history of **asthma, an allergy to iodine**, or are currently taking **medication for diabetes**, please notify our staff.

★ If you are receiving **IV CONTRAST** or **ORAL CONTRAST** for your exam, have nothing to eat 1 hour prior to your exam time. You may drink clear liquids (example: water, ginger ale, apple juice). If you are receiving **OMNIPAQUE ORAL CONTRAST**, refer to the OMNIPAQUE ORAL CONTRAST PREP section below. If you are receiving **REDI-CAT ORAL CONTRAST**, please ask your Zwanger-Pesiri representative.

Abdomen and Pelvis with or without contrast - Nothing to eat or drink 1 hour prior to your exam time.

All other exams with no contrast - No preparation necessary.

CT Angiography - Follow instructions given at the time of scheduling.

OMNIPAQUE ORAL CONTRAST PREP FOR CT SCAN OF ABDOMEN AND PELVIS

★ DO NOT INGEST IF YOU HAVE A CONTRAST ALLERGY

- Have nothing to eat 1 hour prior to your exam time.
- You may drink clear liquids (example: water, ginger ale, apple juice).
- Begin drinking the OMNIPAQUE prep 1 hour & 45 minutes before your exam. Finish 20-30 minutes before exam.
- Do not empty your bladder until after your exam.

- 1 Pour HALF the contents of the OMNIPAQUE bottle into the 32 oz. cup given at the office.
- 2 Fill the cup with water to approximately 1/2 inch from the top of the cup (approximately 30 oz).
- 3 Stir well and drink.
- 4 Discard the remaining contrast, cup, contrast bottle and straw after use.

MRI/PET & PET/CT SCAN

Call your local Zwanger-Pesiri office to schedule an appointment and/or for exam preparations. MRI/PET: In addition, follow all precautions for MRI.

3D & 2D DIGITAL MAMMOGRAPHY

Do not apply lotions, deodorant, perfume or powder on the day of the exam. Wear comfortable two piece clothing. Bring previous mammography studies for comparison.

DXA BONE DENSITOMETRY

No calcium supplements or multi-vitamins 24 hours prior to exam.

SPECT NUCLEAR MEDICINE

Call your local Zwanger-Pesiri office to schedule an appointment.

Thyroid Scan - Discontinue all thyroid medications and vitamins with iodine for at least 10 days prior to the exam.

Bone Scan - No preparation required.

Liver Scan - No preparation required.

X-RAY / FLUOROSCOPY

Esophagram/Upper G.I. Series/Small Bowel Series - Have a light supper the night before the exam. Nothing to eat, drink, chew or smoke after 10:00 pm until after the exam is complete in the morning.

Barium Enema (B.E.) - Pick up prep kit at least two days prior to exam.

IVP - The day before exam, drink 1 bottle of Citrate of Magnesia at 4:00 pm.

Nothing to eat, drink, smoke or chew past 10:00 pm.

ULTRASOUND

Aortic/Abdominal - Nothing to eat drink, chew or smoke for six hours prior to your exam.

Pelvic/Obstetrical - A full bladder is necessary for the exam. Have breakfast and/or lunch. Women: drink at least 32 oz. of water/Men: at least 16 oz. of water, finishing 1 hour prior to exam. Do not empty your bladder.

Prostate - Take a fleet enema at least one hour prior to the exam. Nothing to eat or drink after fleet enema.

Breast/Scrotal/Thyroid - No preparation required.

Color-Flow Doppler - No preparation required.

Renal Arterial Study - Nothing to eat, drink, chew or smoke for six hours prior to your exam. In addition, consult your physician before taking gas-X one hour before the exam.

Renal - 16 oz. glass of water one hour prior to study. Do not void.

